

the eve collection - care guide

the eve mattress

Say hello to your eve mattress. Before you stretch out for the world's most comfortable sleep, here are some things you might want to know...

smells like new

You may notice that 'new mattress smell'. It's simply there because it's new. It's totally normal and harmless. After airing for the first few days it will start to fade and should completely disappear within a few weeks. We recommend you air the mattress weekly when changing your sheets.



how to use it

Always sleep on the top side of the mattress. That's the one with the eve label.

We recommend rotating the mattress 180° every 30 days for the first three months, and then rotating every three months thereafter. Please don't turn it over - the underside is not designed to be slept on directly and won't give you the same wonderful feeling when you wake up.

While using an eve mattress on the floor will not impact its feel, we don't recommend it for hygiene reasons. The mattress also won't be able to breathe as well as it would on a bed base. If you do decide to use it on the floor, make sure to prop it on its side regularly to allow a bit of air flow.

We recommend checking the condition of your bed base before using it with an eve mattress, as worn out bed bases can potentially impact the integrity of a new mattress over time. While the eve mattress can be used with any kind of bed base, wooden slatted or platform beds offer the most support. Box springs are designed to support innerspring mattresses and can change the way a foam mattress feels - often creating a 'softer' feel.

the eve mattress

what not to do

- Don't use electric blankets or hot water bottles. Heat or spillage may cause damage to the foam used in the mattress. If you absolutely have to have one, we recommend using an electric blanket that goes over a sheet, rather than under. And remember to ensure any electric blanket is less than 10 years old and in proper working order.
- If you really can't give up your hot water bottle, should the item develop a leak, which wets, stains or damages your mattress, this will - unfortunately - invalidate your warranty.
- Avoid dragging your mattress. Place it gently into position when moving it to prevent any damage.
- Avoid sitting on the edge of your mattress as this can warp the sides. It goes without saying, but don't use the bed as a trampoline (sorry) as this will cause irreparable damage to the mattress and bed base.
- Beware of sharp objects like studs, belt buckles and toys snagging the fabric cover.

unboxing the mattress

It's pretty simple:

- 1) Lie the box down sideways on the surface of your bed.
- 2) Open both ends of the box and push the mattress through.
- 3) Position the mattress centrally on your bed and make sure the side with the eve logo is on top, because this is the side you will be sleeping on.
- 4) Carefully cut the protective plastic covering with a pair of scissors and wait until the mattress has fully expanded. This takes between 4-6 hours.

Please note:

It might take about 30 days to get used to a new mattress. Give it time – if you don't love it after 100 days, you can always return it thanks to our home trial.

Oh, and you don't need to keep the box if you want to send the mattress back. You can recycle it, or use it to build a cardboard fort.



the eve mattress

what can I expect from my mattress?

- The nature of memory foam means your mattress may feel firmer in rooms cooler than 18°C, and softer in warmer ones.
- Memory foam will naturally soften over time just like a sprung mattress would. This is a very slight change throughout the life of the mattress, but it is important to remember this if the mattress initially feels quite firm.

take care

- Clean your mattress regularly with a vacuum cleaner (using the upholstery attachment). Pay particular attention to the piping, where dust can settle most easily. The top panel of the cover is removable and can be washed at 40°C.
- Always attend to spills immediately. We don't recommend the use of strong chemical cleaners on the cover, so if the stain is on an area other than the top surface (which is machine washable at 40°C), do try removing the stain with water first. If you do opt for stain-removing products, always follow the manufacturer's guidelines.
- Memory foam itself cannot be washed, sponged or dry cleaned. There is a high risk that soaking with water or other cleaning fluids will cause irreversible damage and doing so will invalidate your warranty.
- A mattress protector is a great way to prolong the life of your mattress and keep it in good condition.



the bed frame

Each element of the bed frame was carefully selected to be the best possible quality - no compromises. We've chosen the best components for a frame that will stand strong and be the perfect complement to the eve mattress.

no toolbox, no worries

A small key is all you need to set your bed up. We added a convenient pocket for storing it, sewn to the back of the bed frame (or in the headboard if you took this option).

did you know?

Be sure to check regularly that the different parts and fasteners are properly secured.

If you need to move the frame (to clean underneath it, for example), remove the slats first and move the frame separately. Make sure you do this with someone else's help or you may injure yourself.

When putting your bed base back in place, always make sure all the feet are securely fastened.

take care

When cleaning the bed frame, we recommend you use products and solutions specifically designed for cleaning furniture and upholstery.

Pre-test all cleaning products in a small, out-of-the-way area before using them on the rest of the frame. Always follow the cleaning instructions of the product used.

Vacuum regularly (using the furniture attachment on your cleaner) and focus on the piping and edge of the frame, where dust accumulates.



the eve baby mattress

Say hello to the eve baby mattress. It's 400 times more breathable than a standard mattress fabric. Here's how you and your little one can make the most of it.

how to use it

The baby mattress is ready for use, but we recommend airing it for about 12 hours, so it loses its 'new mattress smell'.

The mattress core is reversible and can be used on both sides, however the cover is not reversible. So, if you want to flip the mattress around, remove the cover first, turn the mattress over and put the cover back on - making sure the cloud design is on top.

Hold onto the box for your baby mattress, just in case you want to return it.

Always place your baby in the 'feet to foot' position on the mattress. You'll find all the details in our leaflet.

Don't place the PVC slip on top of the external cover.

take care

The cover is removable and can be washed at 60°C. It's fast-drying for convenience. We recommend line drying the cover, but you can put it into a tumble dryer on a low heat, too. The PVC slip can be wiped clean with warm water and a mild detergent.

did you know?

The mattress conforms to BS 1877-10:2011+A1:2012, the British standard for nursery mattresses and BS 7177:2008 + A1:2011 (low hazard) for flammability.



the eve topper

Say hello to an extra layer of luxury for your mattress. The topper improves your sleep quality and gives older mattresses and guest beds that incredible eve sleep feeling.

unboxing the topper

It's pretty simple:

- 1) Lay the box down sideways on the surface of your bed.
- 2) Open both ends of the box and push the topper through. Woosh. Nearly there.
- 3) Position the topper centrally on top of your mattress and make sure the side with the eve logo is on top.
- 4) Carefully cut the protective plastic covering with a pair of scissors and wait until the topper has fully expanded. This takes 4-6 hours.

how to use it

Always sleep on the soft, top side. That's the one with the eve logo on it. You don't need to turn it over. In fact, it only works properly one side up.

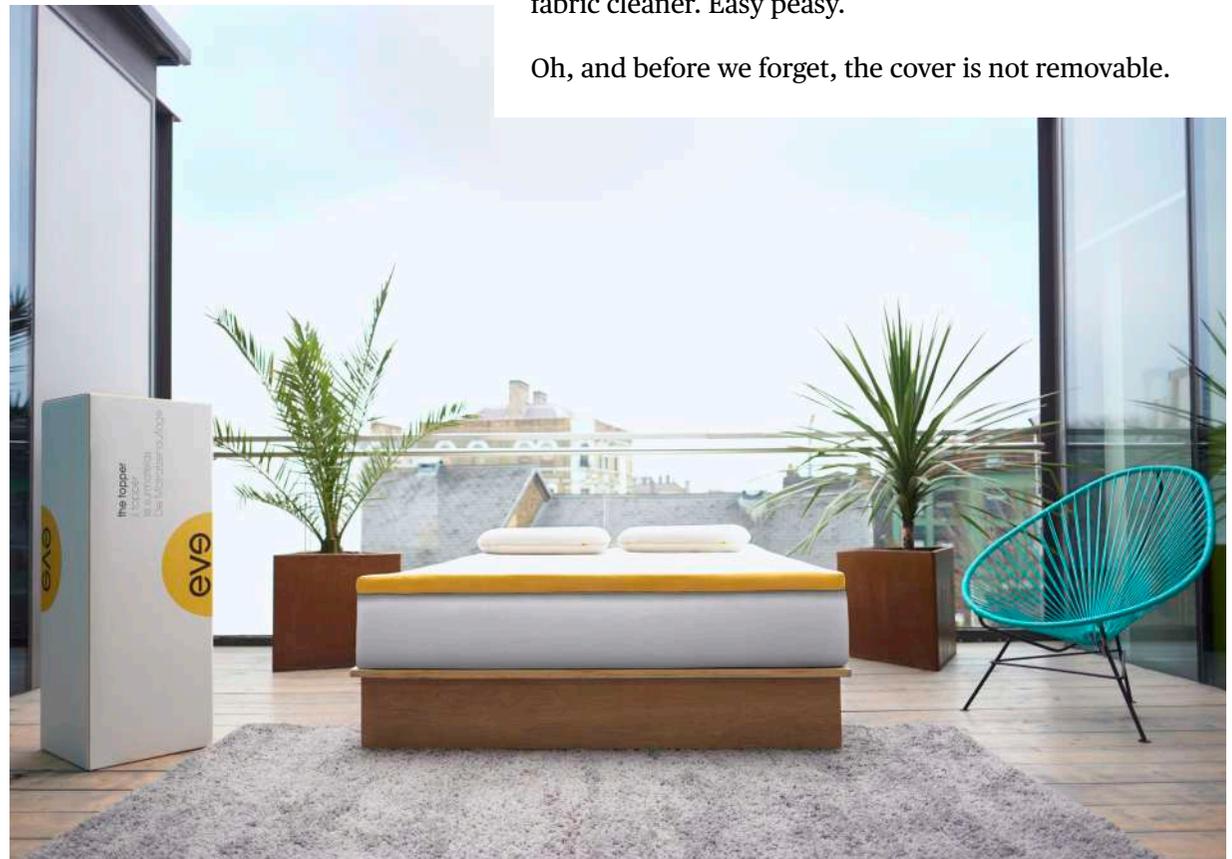
Rotate the topper 180° lengthways every 30 days for the first year to maintain proper shape and extend its lifespan.

take care

Spilt some coffee while enjoying your breakfast in bed? We've all been there. Don't worry, it's easy to keep your new topper fresh and clean.

Should the topper get stained, simply hand spot clean it. It's a doddle, really. You just need to use a soft fabric cloth, warm water and either some mild detergent or fabric cleaner. Easy peasy.

Oh, and before we forget, the cover is not removable.



the eve pillow

We know you'd like to try your pillow straight away. But, before you use it, here is a little heads up.

get to know your pillow

Crafted with premium memory foam, your new pillow is more supportive than those made with feathers or fibres. It restores to its original form as you move – supporting your neck and relaxing your muscles. The foam's open cell technology is extremely breathable, allowing air flow during the course of the night for a cool, tranquil sleep.

The pillow relieves pressure on your neck and back by aligning specific muscle groups as you sleep. Pretty clever, huh?

You can actually use the pillow without a pillow cover, but we'd recommend one for hygiene reasons.

To wash the cover, simply remove it and machine wash at 40°C. Please don't wash the core of the pillow though.



the eve protector

The protector is the clever, functional 'jacket' that takes care of your mattress. And here's how you can take care of it.

100% organic cotton

The cotton we use is 100% organic. It makes the surface soft and absorbs moisture, so you always lie comfortably, even if you sweat during warmer nights. Imagine it's like a really good t-shirt fabric. To add to the quality, we only use combed cotton. This is where the shorter fibres get 'combed out', leaving only the longer, better quality ones.

neotherm® membrane

The lower layer protects the mattress. It's made of a breathable Neotherm® Membrane that allows your skin to breathe and ensures a constantly comfortable temperature. The Neotherm® Membrane is also water resistant and works as a protective barrier against house dust mites.

how to use it

Remember those old-fashioned mattress protectors with the elastic band in each corner? The ones that move out of place every night, making those uncomfortable wrinkles beneath the sheets? Well now you can forget about them.

Our mattress protector works differently, like a fitted sheet. You simply put it onto your mattress and the elastic band, which is sewn all around the fabric edge, will keep everything in place.

And, as the protector is thin, it won't affect the fit of your sheet. You can also use it together with the eve mattress topper.

take care

You can machine wash your protector at up to 90°C. Although, 60°C is hot enough to kill anything that might be living in or on it.

The protector is safe to tumble dry on a low heat, but we recommend you line dry when possible, as this will help to prolong the protector's life.

You don't need to iron it. It's flexible, so it won't crease



the duck down duvet

No matter if it's hot or cold outside, the down duvet is always perfect. And before you enjoy a perfect night's sleep, there are a few things you might want to know.

how to use it

If you've got an all-seasons duvet, you can use each duvet separately or combine them for extra winter warmth. Doubling up the layers is a breeze, just thread the toggles, which can be found in the box, through the little loops in each corner, and snap them together. This way, everything stays where it belongs and you won't wake up all topsy-turvy on top of a fabric mountain.

certified by:

Downafresh®: this ensures that all of our down is fully cleaned and subjected to repeat quality and hygiene testing.

Nomite: an anti-allergen standard that certifies the duvet as suitable for house dust mite allergy sufferers.

Oeko-tex® 100: everything that goes into making the duvet is made without the use of harmful toxins or chemicals, making it safe – even for babies.

EDFA: the European Down and Feather Association is committed to defending animal welfare.

take care

DO:

- Shake daily
- Air regularly
- Machine wash at no hotter than 60°C
- Use enzyme-free (non-bio) detergent
- Tumble-dry until completely dry, ideally with a few clean tennis balls inside the drum to encourage movement. Drying usually takes 3-4 hours.

DON'T:

- Vacuum clean
- Beat
- Expose to direct sunlight or wet weather
- Use fabric softener
- Dry clean, unless absolutely necessary - dry-cleaning may damage the delicate down clusters in your duvet





the cotton sheets

take care

After sleeping in them a couple of times, we're pretty sure you're going to want to look after these sheets. But don't worry, taking care of them is easy.

washing and drying

They're washable at 40°C, but we wouldn't advise going any higher than that. You can tumble dry them on a medium setting, but you should take them out as soon as they are dry. Please don't dry clean them as this can damage the fibres.

If they look a little loose to begin with, don't worry. The cotton will shrink slightly after its first couple of washes - giving you a really satisfying, snug fit.

ironing

Because they're 100% cotton, they take a little more effort to iron - at least the first couple of times. But, just like a new pair of jeans, they get better with every wash and ironing should soon be a doddle.

the linen sheets

Linen is naturally anti-allergenic and bacteria resistant, so it's recommended for those with dust or skin sensitivities.

take care

After sleeping in them a couple of times, we're pretty sure you're going to want to look after these sheets. Don't worry though, taking care of them is easy.

washing and drying

For best results, wash the sheets at 40°C and air dry as soon as possible after washing. You can put them into the tumble dryer at a very low heat, too.

ironing

The linen sheets are stonewashed and meant to look effortlessly cool. You don't need to iron them.



the towel

Bring that luxurious eve comfort beyond the bedroom with our two perfect towels.

dry from head to toe

To make the towel more practical for modern life, we designed two different sizes:

The hand & hair towel (50 x 125 cm)

The bath towel (100 x 150 cm)

beautiful innovation

The towels are made with a durable, fast-drying 'zero-twist' cotton fibre.

An innovative fabric band sewn along its length can be used to wrap the towel around your waist or head easily, by simply threading the corner of the towel through the loops created by the band. This band also allows you to hang up your towel really easily to let it dry.



take care

The towel can be washed at 40°C and tumble dried. You can even iron it, if you really want to!

eve Sleep plc is a company registered in England under No. 09261636
Contact eve : hello@evemattress.co.uk / 0800 808 5766

